

FALL ACTIVITIES

NEWSLETTER, ISSUE 21

SEPTEMBER-DECEMBER, 2026



****All Programs have a no refund policy. Please read the last page in regards to late fee policy. ****

****Limited enrollment for all Recreation & Senior Programs. Must pre-register no walk-ins are accepted****

SUNDAY FALL TENNIS CLINIC

Autumn Smashes into Washington Township Recreation. Rock Spring Park Tennis Courts will come alive every Sunday morning as young athletes ages 4 to 14 dive into six weeks of fast-paced rallies, big smiles, and nonstop skill-building amidst the beautiful fall foliage.

Dates: September 13- October 18, 2026

Session #1 Beginners ages 4-6

Time: 8:45am to 9:25am

Cost: \$130 per person

Session # 2 Elementary ages 7-10

Time: 9:30am to 10:20am

Cost: \$160 per person

Sessions #3 High School Hopefuls ages 11-14

Time: 10:30am to 11:30am

Cost: \$190 per person

Rain-Date: October 25, 2026

Location: Rock Spring Park Tennis Courts

Deadline Date: September 8, 2026



ADULT FALL PICKLEBALL LEAGUE

Get ready to improve your game, meet local players, and enjoy some friendly outdoor competition this fall! In partnership with TJD Sports Academy, we are excited to host an upcoming Pickleball League designed specifically for advanced beginner to high intermediate players looking to build their skills and confidence on the court. The season features a five-week regular schedule followed by a week-six playoff tournament where every single team qualifies to participate. Although players register individually the league is played in teams of two to four, allowing you to rotate doubles partners throughout the season.

Session #1

Dates: Thursdays, September 17- October 22, 2026

Time: 9:00am to 11:00am

Session #2

Dates: Saturdays, September 19 - October 24, 2026

Time: 9:00am to 11:00am

Cost : \$125 per person

Location: Rock Spring Park Pickleball Courts

Deadline Date: September 8, 2026



YOGA FOR OSTEOPOROSIS

If you're managing Osteopenia or Osteoporosis, this class offers a great moment to refocus on wellness. Yoga can help increase bone mineral density, improve balance, and enhance overall stability. Each class features dynamic, weight-bearing postures that build strength, improve coordination, and support healthier alignment.

Date: Tuesdays, September 15– November 17, 2026

Time: 8:30am to 9:30am

Cost: \$105 per person (9wks)

Location: Washington Township Community Center

Deadline Date: September 11, 2026



FALL MUSICAL THEATRE ENRICHMENT

Perfect for kids who love to sing, dance, and act, this session lets students collaborate on a lively mini-musical. Through creative theater games, storytelling, and improv, participants will build the confidence and self-expression needed to chase their stage dreams, culminating in a live performance for family and friends on the final day.

Date: Mondays, September 14– November 2, 2026

Session # 1– (ages 6-9)

Time: 4:30pm to 5:30pm

Session # 2– (ages 10-13)

Time: 5:35pm to 6:35pm

Cost: \$130 per person (8wks)

Location: Washington Township Community Center

Deadline Date: September 10, 2026





FALL TOTAL BODY FITNESS



We are thrilled to welcome back its popular total body fitness class. This Fall, we're reigniting the fire behind our most powerful message—transform your body, sharpen your mind, and own your wellness journey like never before. It's time to turn fat into fit, embrace the “use it or lose it” mindset, and prove you're simply too fit to quit.

Date: Wednesdays, September 16- November 18, 2026

Time: 4:15pm to 5:15pm

Cost: \$105 per person (9wks)

Location: Washington Township Community Center

Deadline Date: September 14, 2026



FALL YOGA MAT & CHAIR CLASSES

Fall into fresh start—Yoga Is Back this season! Ready to ditch the stress and strike a pose? Whether you're flowing on the mat or settling into a supportive chair, each session delivers uplifting movement intentional breathing, and a burst of feel good energy to power your week.

Time: Please view below

Wednesdays, September 16- November 18, 2026

- Beginner Mat Yoga: 9:30am to 10:30am (9wks)
- Evening Mat Yoga: 5:30pm to 6:30pm (9wks)

Thursdays, September 17- November 19, 2026

- Early Morning Mat Yoga: 8:00am to 9:00am (10wks)
- Beginner Chair Yoga: 10:00am to 11:00am (CLOSED)
- Beginner Chair Yoga: 11:30am to 12:30pm (9wks)



Cost: \$105 per person (9wks) & \$115 per person (10wks)

Location: Washington Township Community Center

Deadline Date: September 14, 2026

DERMATOLOGY WORKSHOP

We welcome Dr. Wassef to inform us in proactive skincare, and early detection of common skin conditions. A simple, life-saving guide to monitoring moles and identifying early warning signs of skin changes. Whether you are looking for tips for combating dry skin, managing common conditions like eczema or rosacea, and maintaining a healthy skin barrier as we age, this session will discuss practical knowledge for your entire family. **Registration is required and space is limited.**

Date: Thursday, September 16, 2026

Time: 11:30am

Cost: FREE

Location: Washington Township Community Center

Deadline Date: September 9, 2026



GENERAL TECHNOLOGY Q&A SEMINAR

Do you currently have unanswered technology questions? Well don't miss this opportunity and come to this open session on either computers, tablets, phones, or other devices—to learn in a relaxed, supportive environment. Bill Caproni, a retired IT Manager and will guide participants through suggested steps. **Registration is required and space is limited.**

Date: Wednesday, September 23, 2026

Time: 12:30pm

Cost: FREE

Location: Washington Township Community Center

Deadline Date: September 16, 2026



STRENGTH & BALANCE EXERCISE CLASSES

“STAND STRONG” offers a series of gentle body-weight movements and light dumbbell exercises designed to build core stability, improve balance, and strengthen major muscle groups. Tailored especially for older adults and those easing back into a fitness routine, the class focuses on posture, mobility, and steady, confident movement. Stand strong does not allow canes, walkers, or sitting. A doctor's note may be required.

Date: Mondays, September 21 -November 9, 2026

Time: 12:30pm to 1:15pm

Cost : \$57 per person (8wks)

Location: Washington Township Community Center

Deadline Date: September 16, 2026



“SIT STRONG” Boost Balance— All from a Chair! Ready to feel stronger, move better, and take charge of your fitness? Our Seated Strength & Balance Class delivers a lively, low-impact workout from the comfort of a chair, making it ideal for anyone looking to improve flexibility and strength without added strain—without ever leaving your seat

Date: Wednesdays, September 23- November 18, 2026

Time: 11:30am to 12:15pm

Cost : \$57 per person (8wks)

Location: Washington Township Community Center

Deadline Date: September 16, 2026



****All Programs have a no refund policy****

SPOOKTACULAR HALLOWEEN DECORATIONS

Do you have the most festive home on the block? We want to showcase your talent! Whether your vibe is cute and cozy or downright spookey, let us share your Halloween spirit with the neighborhood. To participate snap a photo of that eerie masterpiece, jot down its address, and send it to us at recreation@wtmorris.net. We will feature your masterpiece on our social media platforms so the whole town can admire your hard work.

Entry Start Date: September 29, 2026

Deadline Date: October 29, 2026 12noon



PROPERTY ALERT SEMINAR



Protect Your Valuable Asset and join Ann F. Grossi, ESQ as she explains the benefit of the alert service offered by the County Clerk's Office. Don't be fooled by companies offering to get a copy of your deed for you home for a fee when you can do it through the county clerk's office for **FREE**.

Date: Thursday, October 15, 2026

Time: 11:30am

Cost: FREE

Location: Washington Township Community Ctr.

Deadline Date: October 8, 2026



****All Programs have a no refund policy ****

SENIOR THANKSGIVING BRUNCH

Get ready to gobble 'til you wobble! Washington Township Recreation is thrilled to invite local seniors to kick off the holiday season with a cheerful Thanksgiving Brunch. Guests are in for a bright, joyful morning packed with, fantastic neighbors, and a mouthwatering holiday feast catered by the famous River Star Diner. **This festive event always sells out fast, so don't miss out on this exciting event—grab your seat before it's gone!**

Date: Monday, November 16, 2026

Time: 10:30am

Cost: \$15 (res) & \$18 (non-res) per person

Location: Washington Township Community Ctr.

Deadline Date: November 9, 2026



FLORAL DESIGN WORKSHOP

Buddy will once again wow us with his incredible floral design skills, guiding you step-by-step as you craft your very own stunning arrangement to take home. Whether you're a seasoned flower enthusiast or just looking for a fun way to spend the afternoon, this event is the perfect chance to learn from a pro, mingle with fellow flower lovers, and unleash your inner florist.

Date: TBA

Time: 1pm

Cost: \$15 per person

Location: Washington Township Community Ctr.

Deadline Date: TBA



7th ANNUAL HOLIDAY HOME DECORATING CONTEST

Washington Township is about to glow! Back for our **seventh spectacular year**, we're officially challenging our incredible community to unleash their holiday spirit and light up the neighborhood. Your jaw-dropping outdoor displays blow us away every single winter, so keeping this tradition alive was a total no-brainer. Dust off the extension cords, get those lawn ornaments ready, and compete for a fantastic prize—plus the ultimate neighborhood bragging rights (complete with a champion yard sign). Time to make the township shine!

Important Dates:

Registration begins: November 2, 2026

Judging Period: December 7- December 9, 2026

Winners Announced: December 12, 2026

Location: (Jolly Jamboree) RSP Pavilion, E. Springtown Rd

Deadline Date: December 4, 2026

Judging Categories

- 1st Place
- 2nd Place
- 3rd Place
- Community Choice (only addresses registered for the contest will be eligible)



AMERICAN MUSIC THEATRE BUS TRIP

What better way to start celebrate the holiday season then with WT Recreation's special day trip to Lancaster, PA .And that's not all –enjoy a full day of shopping, dining, and the heartwarming holiday musical Winter Wonderland in beautiful Pennsylvania Dutch Valley Country. So sign up and bring the family, friends, or both!

Date: Thursday, November 5, 2026

Time: 9:00 am (Arrive to bus by) & (Return to CC approx. 7pm)

Cost: \$105 (resident) & \$120 (nonresident) per person

Location: Washington Township Community Center

Destination: American Music Theatre, Lancaster PA

Deadline Date: October 27, 2026



SENIOR HOLIDAY LUNCHEON

Celebrate the season with an afternoon filled with holiday cheer, delightful surprises, and warm company. Seniors are cordially invited to enjoy a festive gathering that promises joy and merriment. Back by popular demand, we are thrilled to have **Kristen Morgenstern** from Allentown, PA, as our entertainer. With her captivating performances and vibrant energy, she is sure to make this celebration extra special. Come share in the holiday spirit and make wonderful memories with friends old and new. We look forward to celebrating with you!

Date: Monday, December 14, 2026

Time: 11:30am

Cost: \$ 40(resident) & \$ 45(nonresident) per person

** Age 80 and over \$30 **

Location: The Chandelier at Flanders Valley

Deadline Date: December 8, 2026



****All Programs have a no refund policy ****

JOLLY JAMBOREE & SANTA VISIT

Word on the block is that Santa Claus will be visiting Rock Spring Park in Long Valley. Please join the community while we announce the 2026 Holiday Decorating Contest. The winter festivities continue with holiday cheer in the air surrounded by a warm campfire, carolers, balloonist and other goodies.

Date: Saturday, December 12, 2026

Snow/Rain Date: Sunday, December 13, 2026

Time: 3:00 pm

Cost: FREE

Location: Rock Spring Park Pavilion and Community Center



FIREPLACE STORY TIME

"Listen to a magical Holiday Story Time filled with festive tales, cozy moments, and joyful cheer for all ages. Bring the whole family and celebrate the season with stories that sparkle!"

Time: 3:30pm– 4:15pm

Location: Washington Township Community Center



PHOTO & LETTERS W/SANTA

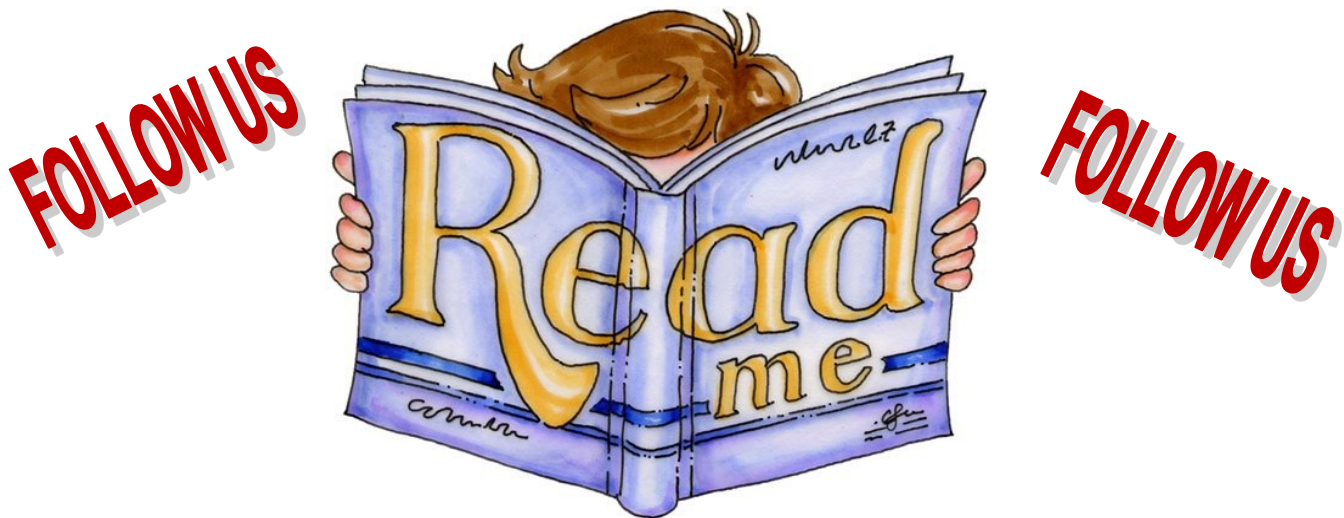
On December 12th, from 3:30pm to 5:30pm, Santa will make a special appearance at the Jolly Jamboree, where children can hand their letters directly to the big man himself. But wait—there's more!

Washington Township Recreation Department is collecting letters from all the good boys and girls. **From November 23 through December 23, 2026**, children can send their wishes straight to the North Pole by dropping their letters into Santa's bright red mailbox at the Recreation Department, located at 50 Rock Road, Long Valley, NJ 07853. Letters can be mailed in or hand-delivered—whichever way brings the most holiday cheer!



****All Programs have a no refund policy ****

RECREATION & SENIOR PROGRAMS



If you would like to be added to recreation & senior email list for first come updates and program registration information please send your email request to recreation@wtmorris.net

Facebook Page: facebook.com/WashingtonMCNJRec

Website: recreation.wtmorris.org

Program Registration Procedures

- In Person • Mail • On-line “or “
- Payment drop box at 50 Rock Road, L.V. •

IN-PERSON REGISTRATION

We accept Checks, Cash, or Credit Cards

MAIL OR PAYMENT DROP BOX REGISTRATION

We accept Checks Only! Payable to WT Rec.

ON-LINE PAYMENT

We accept Credit Cards and E-Checks

A Convenience Fee of 2.65% will be charged for

Credit Cards Usage and \$1.00 fee for E-Checks

We accept MasterCard, Visa, Discover & American Express!

You can go to the following link to pay on-line:

Online Payment Link:

<https://magic.collectorsolutions.com/magic-ui/Login/washington-township>

(Note: Not all programs are available for on-line payment!)

CANCELLATIONS/REFUNDS/LATE FEE

Please be advised that refunds are not issued for any of our programs, except in cases of medical necessity or program cancellations. To qualify for a refund, a doctor's note along with a formal written request must be provided before the start of the program

Participants are responsible for attending each activity they have signed up for. Only one reminder will be sent, and no exceptions will be made.

A late fee of \$25 will be imposed for all programs paid after the designated deadline date. Please note that registration is considered closed once the program has started.

WAITING LIST

Waiting lists are a source of contact and do not guarantee you will receive a call back. You will be contacted only if a space becomes available. If notified of an opening, you will have 4 hours to accept the space (with payment) or the opening will be offered to the next person.

WASHINGTON TOWNSHIP PARKS & RECREATION

50 Rock Road • Long Valley • NJ • 07853

Phone: 908-876-5941 • Fax: 908-876-0029

Email: recreation@wtmorris.net Website: recreation.wtmorris.org

**** Dates and prices are subject to change****