

RECREATION DEPT.

NEWSLETTER, ISSUE 19

JANUARY-JUNE, 2026

ST. PATRICK'S DAY LUNCHEON

Our annual senior Saint Patrick's Day Luncheon is back in full swing. The delicious American-Irish Traditional Luncheon will be catered by The Valley Restaurant. Adding to the magic pianist Jay Daniels will perform live, sharing his musical talent.

Date: Tuesday, March 17, 2026

Time: 11am

Cost: \$13 (Resident) & \$15 (Nonresidents) per person

Location: Washington Twp. Community Center

Deadline Date: March 9, 2026



Limited enrollment for all Recreation & Senior Programs. Must pre-register no walk-ins are accepted

NUTRITION WORKSHOP: EATING WELL FOR HEALTHY AGING

Lets get a great start to the new year and come learn how to eat well as you get older. Katie Mulvaney, CHES, Health Educator, Hackettstown Medical Center will present simple ways to meet your nutritional needs. Don't miss this opportunity and register today for this Free class.

Date: Wednesday, April 1, 2026

Time: 10am

Cost: FREE

Location: Washington Twp. Community Center

Deadline Date: March 25, 2026



SPRING YOGA CLASSES

Ready to ditch the stress and strike a pose? Whether you can touch your toes or barely reach your knees, our yoga classes are here to help you breathe easier, move freely, and laugh a little along the way.

Time: Please view below

Location: Washington Twp. Community Center



SPRING SCHEDULE :

Wednesdays from April 8 – June 17, 2026

- Beginner Mat Yoga: 9:30am to 10:30am

Cost: \$122 per person (11wks)

Thursdays from April 9 – June 18, 2026

- Early Morning Mat Yoga: 8am to 9am

Cost: \$122 per person (11wks)

- Beginner Chair Yoga: 10am to 11am

Cost: \$102 per person (9wks)

No Chair class scheduled for April 30 & May 28, 2026

Deadline Date: April 6, 2026

EVENING WINTER YOGA

Date: Wednesdays, April 15 – June 10, 2026

Time: 5:30pm to 6:30pm

Cost: \$102 per person (9wks)

Location: Washington Twp. Community Center

Deadline Date: April 13, 2026



****All Programs have a no refund policy. Please read the last page in regards to late fee policy. ****

YOGA FOR OSTEOPOROSIS

If you are managing Osteopenia or Osteoporosis, this is the perfect moment to refresh your routine and support your bone health. Yoga has been shown to help increase bone mineral density, improve balance, and enhance overall stability.

Date: Tuesdays, April 7– June 23, 2026

Time: 8:30am to 9:30am

Cost: \$122 per person (11wks)

Location: Washington Twp. Community Center

Deadline Date: April 2, 2026

****No scheduled class on June 2,2026****



STRENGTH & BALANCE EXERCISE

As spring brings fresh energy and longer days, we are excited to once again offer its well-loved Stand Strong and Sit Strong Strength & Balance Classes. All you need is a pair of light weights, and the instructor will provide the rest in her guidance.

STAND STRONG:

Date: Mondays, April 13 – June 8, 2026

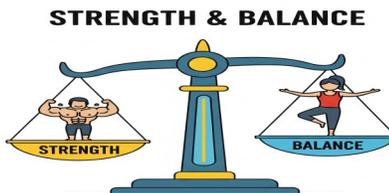
Time: 12:30pm to 1:15pm

Cost: \$57 per person (8wks)

Location: Washington Twp. Community Center

Deadline Date: April 8, 2026

****No scheduled class on May 25,2026****



SPRING TOTAL BODY FITNESS CLASS

This spring, we're embracing renewal—mind, body, and spirit. It's the ideal time to build healthy habits, enjoy movement, and connect with a supportive community. All you need to bring is a mat, pair of weights and a positive attitude.

Date: Wednesdays, April 8 – June 10, 2026

Time: 4:15pm to 5:15pm

Cost: \$112 per person (10wks)

Location: Washington Twp. Community Center

Deadline Date: April 6, 2026



SIT STRONG:

Date: Wednesdays, April 15 – June 3, 2026

Time: 11:30pm to 12:15pm

Cost: \$57 per person (8wks)

Location: Washington Twp. Community Center

Deadline Date: April 8, 2026



SPRING TENNIS CLINIC

Spring is bursting onto the courts for six-weeks and Leading the fun is Long Valley’s own Coach K-Brandon Kornbluh whose USPTR certification and 20+ years of experience make every session feel electric.

Dates: Sundays April 12 — May 24, 2026

Session #1 Beginners ages 4-6

Times: 8:45am to 9:25am Cost: \$130

Session # 2 Elementary ages 7-10

Times: 9:30am to 10:20am Cost: \$160



Sessions: #3 High School Hopefuls ages 11-14

Times: 10:30am to 11:30am Cost: \$190

Location: Rock Spring Park Tennis Courts

Deadline Date: April 8, 2026

****No classes scheduled for May 10, 2026****



CHARCUTERIE WORKSHOP

Young creators Ages 9 & up will explore an array of cheeses, fruits, meats, nuts, and other delicious treats, then learn how to arrange them into bright, imaginative displays. By the end, they’ll head home with a beautiful—and wonderfully tasty—gift crafted with creativity and someone special

Date: Friday, May 8, 2026

Time: 5:00pm

Cost: \$25 per person

Location: Washington Twp. Community Center

Deadline Date: May 1, 2026



“PAINTING FOR TWO”

Join us for a guided painting workshop led by local artist Donna P. from “Painting with Friends.” We invite you to treat that special someone in your life to an unforgettable evening of creativity and connection. Whether you come with a son, daughter, parent, partner, friend, or group you’ll create a beautiful keepsake side-by-side, and no experience needed.

Date: Thursday, April 23, 2026

Time: 6:00pm

Cost: \$30 person/ \$55 for Two

Location: Washington Twp. Community Center

Deadline Date: April 16, 2026



ADULT SPRING PICKLEBALL

TJD Sports Academy are kicking off the spring season with energizing pickleball programs for players of all levels. With three skill tiers to choose from, participants can enjoy the nation’s fastest-growing sport while building confidence, improving technique, and connecting with others in a fun, social setting.

Dates: Thursdays, April 16 — May 14, 2026

Make up date: Thursday, May 21, 2026

Session #1– Newbie & Advanced Beginner

Time: 9:00am to 10:00am

Cost: \$155 per person

Dates: Saturdays: April 18 — May 16, 2026

Make up date: Friday, May 22, 2026

Session #1– Low Intermediate

Time: 9:00am to 10:00am

Cost: \$155 per person

Session #2– High Intermediate

Time: 10:00am to 11:00am

Cost: \$155 per person



Location: Rock Spring Park Tennis Courts

Deadline Date: April 13, 2026

STROKE AWARENESS SEMINAR

Join us and Atlantic Health Care to learn more about how diabetes can affect your risk of a stroke, common risk factors and prevention for both, and what to do if you or a loved one has a stroke. Can high blood pressure and Cholesterol be one of the causes? Take the opportunity and attend this informational workshop— who knows you may be able to help someone!

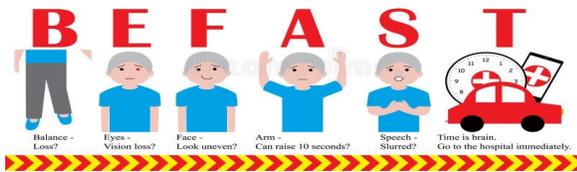
Date: Wednesday, May 13, 2026

Time: 12:30pm

Cost: FREE

Deadline Date: May 11, 2026

How to spot a stroke?



MEMORIAL DAY CEREMONY

Washington Township Recreation and Washington Township Veterans Association will host their Annual Memorial Day Ceremony to salute our brave servicemen and servicewomen, who have given so much for our country! Please join us as we salute our brave veterans and our fallen heroes .

Date: Saturday, May 23, 2026

Time: 12 noon

Location: Rock Spring Park; 35 East Springtown Rd.



COMMUNITY FRAUD AWARENESS SEMINAR



Protect Yourself from Today's Most Common Scams! Join us at this FREE Event for all. Expect open discussion format ask questions right away, real examples of scams happening in our community, practice tips you can use immediately, and major focus on government and utility imposter scams.

Date: Thursday, May 28, 2026

Time: 11am

Cost: FREE

Location: Washington Twp. Community Center

Deadline Date: May 21, 2026



SUMMER SENIOR FLING DANCE

Get ready to kick off the season at our Summer Fling Dance, a lively evening of music, and laughter. We will start with sparkling mocktails and a warm welcome before hitting the dance floor to classic hits from the '50s through the '70s. This year's featured entertainer, the incomparable Jerry Castaldo, will keep the energy high all night. Dust off your dancing shoes, and bring your brightest summer spirit, and join us for a night of fun, friendship, and unforgettable memories.

Date: Thursday, June 25, 2026

Time: 5:00pm

Cost: \$15 per person

Location: Washington Twp. Community Center

Deadline Date: June 18, 2026



A detailed summer clinics newsletter will post by April 1, 2026



Clinics

Complete Players Clinic
Wolfpack Baseball Clinic
Kickz Soccer Clinic
Tennis Clinic
Tennis Clinic

Ages

Grades 3-6
Ages 8-13 yrs.
Ages 3-15 yrs.
Ages 4-9 yrs.
Ages 10-14 yrs

Locations

Palmer Park
Palmer Park
Harrington
Rsp Courts
Rsp Courts

Summer Clinics

SUMMER DRIVE-IN MOVIE UNDER THE STARS



Date: Thursday June 18, 2026 - Rain date: June 19, 2026

Movie: "TBD"

Date: Thursday July 16, 2026 - Rain date July 17, 2026

Movie: "TBD"

Time: Dusk

Location: Rock Spring Park (lower field)

RECREATION & SENIOR PROGRAMS

If you would like to be added to recreation parent email list for first come updates and program registration information please send your email request to recreation@wtmorris.net

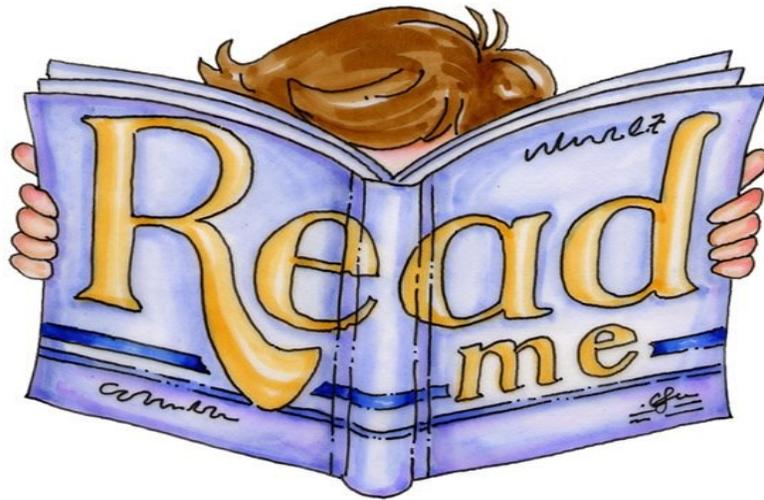
If you would like to be added to the senior activities email list for first come updates on programs, trips, and registration information please send your emails to seniors@wtmorris.net

Facebook Page: facebook.com/WashingtonMCNJRec

Website: recreation.wtmorris.org

FOLLOW US

FOLLOW US



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Program Registration Procedures

- In Person • Mail • On-line or
- Payment drop box at 50 Rock Road, L.V. •

IN-PERSON REGISTRATION

We accept Checks, Cash or Credit Cards

MAIL OR PAYMENT DROP BOX REGISTRATION

We accept Checks Only! Payable to WT Rec

ON-LINE PAYMENT

We accept Credit Cards and E-Checks

A Convenience Fee of 2.65% will be charged for

Credit Cards Usage and \$1.00 fee for E-Checks

We accept MasterCard, Visa, Discover & American Express!

You can go to the following link to pay on-line:

<https://magic.collectorsolutions.com/magic-ui/Login/washington-township>

(Note: Not all programs are available for on-line registration!)

QUESTIONS???

Call the Recreation Department at: 908-876-5941 or email us at recreation@wtmorris.net

CANCELLATIONS/REFUNDS

There are **NO REFUNDS** on any of our programs. Refunds will be given for medical or program cancellations **ONLY**. A doctor's note along with a letter in writing must be provided before the start of the program. It is your responsibility to make sure you are at each activity you have signed up for. We will only send out one reminder. There are no exceptions!

WAITING LIST

Waiting lists are a source of contact and do not guarantee you will receive a call back. You will be contacted only if a space becomes available. If notified of an opening, you will have 8 hours to accept the space (with payment) or the opening will be offered to the next person.

WASHINGTON TOWNSHIP PARKS & RECREATION

50 ROCK ROAD ■ LONG VALLEY ■ NJ ■ 07853

PHONE: 908-876-5941 ■ FAX: 908-876-0029

Email: recreation@wtmorris.net

recreation.wtmorris.org

**** Dates and prices are subject to change****